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Communication of risks and benefits of food

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Trusted science for safe food





1. Risk communications at EFSA

2. Risk communications in practice

3. Risk / benefit examples

4. Reflections

Risk Communications at EFSA



FROM A MANDATE TO AN OPINION





EFSA receives a question

EFSA's scientists evaluate, assess, advise





WHAT EFSA DOES **NOT** DO





LEGISLATIVE FRAMEWORK: Risk Communications





European Commission



European Parliament



Council of the European Union

Regulation (EC) No 178/2002, Article 40

- Communicate on its own initiative
- Objective, reliable, easily accessible information to public and interested parties
- Collaboration with Commission and MS to ensure **coherence**
- **Cooperation** with MS with regards to public information campaigns

GUIDING PRINCIPLES





RISK PERCEPTION





EFSA Strategy 2020

i dan ba

Social research that can best inform risk assessment and communication and support EFSA strategy 2021 -2027





Risk Communications in practice



WHO?





HOW?





- Interviews
- Responses to media queries

- Science networks
- Infosessions
- Scientific Conferences
- Webinars

EFSA JOURNAL





Ouestion number: EFSA-O-2014-00815

Panel members: Jan Alexander, Lars Barregård, Margherita Bignami, Sandra Ceccatelli, Bruce Cottrill, Michael Dinovi, Lutz Ec Vera Maria Rogiers (until 9 May 2016), Martin Rose, Alain-Claude Roudot, Tania Schwerdtle, Christiane Vleminckx, Günter Vol Wallace

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Abstract

Malachite green (MG) has been used globally in aquaculture but is not registered for use in producing animals in the European Union. The European Commission requested EFSA to e whether a reference point for action (RPA) of 2 µg/kg for the sum of MG and its major meta leucomalachite green (LMG) is adequate to protect public health. Available occurrence data Mentioned by not suitable for a reliable exposure assessment. The hypothetical dietary exposure was calculated, considering the RPA as occurrence value for all types of fish, fish products and crustaceans. Mean dietary exposure across different European dietary surveys and age cla: 🔳 1 policy source would range from 0.1 to 5.0 ng/kg body weight (bw) per day. For high and frequent fish

Scientific Opinion on the risks to plant health posed by Xylella fastidiosa in raine memory an new new parties and parties of the service of the options



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SOCIAL MEDIA





Main account launched in 2012

Followers: +30k

Thematic accounts launched 2016

- @Plants_EFSA +1400 followers
- @ Methods_EFSA +800 followers



Channel opened in 2012

- +200 videos
- +1M views

LinkedIn account launched in 2012

+58k followers



MULTIMEDIA @ EFSA











What is E.Coli? What can you do to protect yourself and others?

±.



Listeria infections in humans

Q



What are pesticides and how do they get into our food? EFSAchannel



5

What is nanotechnology?

EFSAchannel

EFSAchannel



What are enzymes?

EFSAchannel





MULTIMEDIA @ EFSA





How to use the DRVs Finder About DRVs F

FAQ Glossary

DRV Finder

Dietary reference values (DRVs) are science-based reference values that are used to derive nutrient intakes for healthy people. They have many purposes, such as assessing the nutritional quality of diets of individuals or groups, designing diets (e.g. school meals), creating nutrition guidelines, dietary counselling, setting reference values for food labelling, and for the development of nutrition and food policies. DRVs are not nutrient goals or recommendations.

The DRV Finder is an interactive tool that gives quick and easy access to EFSA's DRVs for nutrients. It is intended for end users of these values, such as nutrition and health professionals, risk managers, policy-makers, food manufacturers and scientists.

Do you want to find DRVs per "Population" or per "Nutrients"?

TARGET POPULATIONS

NUTRIENT

MEDIA



LE FIGARO

Bruxelles veut tirer les leçons de l'affaire du glyphosate

Le Monde

Il est temps d'arrêter le grand manège des pesticides !

La France Agricole

Dans les Balkans, le vaccin salvateur



Microplastics are found in more than 90 PERCENT of popular brands of bottled water ANSAit

Resistenza antibiotici 'minaccia salute pubblica' Ue



EU Commission wants new Powers to vet product safety

la Repubblica 🚺

Patatine, biscotti & Co: nuovi obblighi per chi li produce, cibi meno a rischio

SPIEGEL ONLINE

Neue Acrylamid-Richtlinien EU verbietet starkes Frittieren von Pommes



EU expected to vote on pesticide ban after major scientific review

Science Newsline

Pesticides Give Bees a Hard Time



BBC interview with José Tarazona on neonicotinoids

EL PAÍS

Los insecticidas neonicotinoides son un riesgo para las abejas, según la EFSA

Risk/Benefit Examples



Nitrates in vegetables: benefits vs risks (2008)





- EFSA balanced the consumer risks from nitrate in vegetables with the benefits of a balanced diet high in vegetables and fruit
- Beneficial effects of eating veg outweigh risk to health from exposure to nitrates
- Average consumer eating 400g of mixed fruit and veg would not exceed ADI

Fish consumption: benefits vs risks (2015)



- EFSA addressed the benefits of fish/seafood consumption – using polyunsaturated fatty acids as an example of a beneficial substance – compared to the risks of methylmercury in fish/seafood
- Some population groups reached TWI for methylmercury before intake levels that brought nutritional benefits.
- Benefits of fish should be met by consuming certain species low in m/mercury
- Difficulties in generalising across all EU



Reflections







- Literature on risk/benefit communications limited
- Fundamental principles of risk communications apply
 - Openness and transparency
 - Timeliness
 - Clarity in language
 - Acknowledging and communicating uncertainty
 - Responding to audience needs social science & risk perception

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